

# The Ethical Conundrum of Personalized Persuasive Technology

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University of Saskatchewan



# Media Panic Lately

The Atlantic, September 2017

*The Atlantic*

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## Have Smartphones Destroyed a Generation?

More comfortable online than out partying, post-Millennials are safer, physically, than adolescents have ever been. But they're on the brink of a mental-health crisis.

# Media Panic

The Globe and Mail, January 2018



DIGITAL DISTRACTION

Your smartphone 📱 is making you  
👉 stupid, antisocial 🧑 and  
unhealthy 😞. So why can't you  
put it down? !?

A decade ago, smart devices promised to change the way we think and interact, and they have – but not by making us smarter. **Eric Andrew-Gee** explores the growing body of scientific evidence that digital distraction is damaging our minds



# Persuasion



## "persuade" in American English

▶ See all translations

## persuade

verb [T] • **US** /pər'sweɪd/

★ **to cause people to do or believe something, esp. by explaining why they should:**

*The government is trying to persuade consumers to save more.*

*She tried to persuade them that they should leave.*

▶ **persuasive**

adjective **US** /pər'sweɪ-sɪv, -zɪv/

*a persuasive argument*

## persuade

verb [T] • **UK** /pə'sweɪd/ **US** /pə'sweɪd/

★ **B1 to make someone do or believe something by giving them a good reason to do it or by talking to that person and making them believe it:**

*If she doesn't want to go, nothing you can say will persuade her.*

[ + (that) ] *It's no use trying to persuade him **(that)** you're innocent.*

[ + to infinitive ] *He is trying to persuade local and foreign businesses **to** invest in the project.*

*Using a bunch of bananas, the zoo-keeper persuaded the monkey back into its cage.*

**FORMAL** *The first priority is to persuade the management **of** the urgency of this matter.*

*Her legal advisers persuaded her **into/out of** mentioning (= to mention/not to mention) the names of the people involved in the robbery.*

### More examples

*Clever salesmanship can persuade you to buy things you don't really want.*

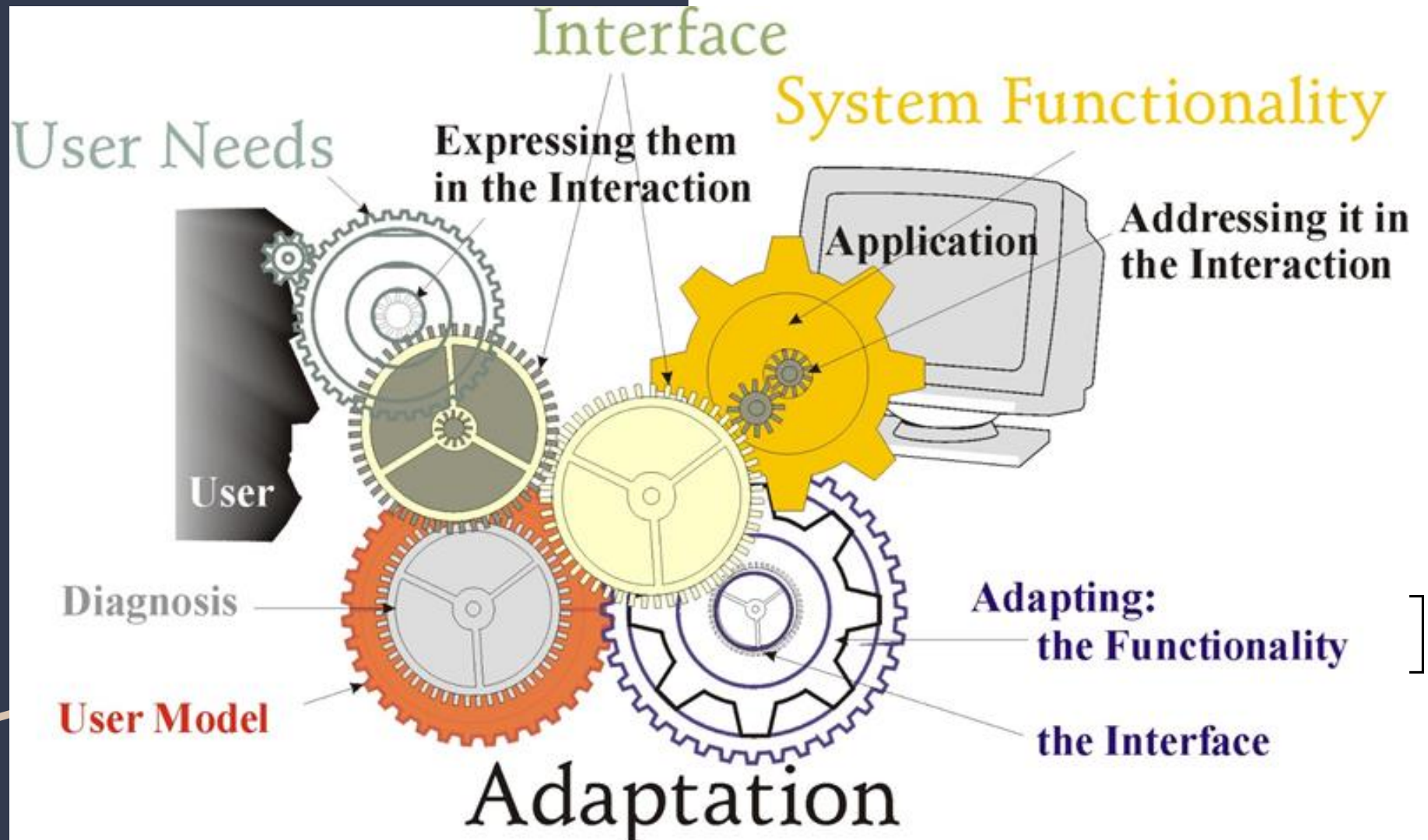
*We only need one more player for this game - can you persuade your sister to join in?*

*I have a suspicion that he only asked me out because my brother persuaded him to.*

*Johnson was influential in persuading the producers to put money into the film.*

*She used her womanly charms to persuade him to change his mind.*





# Reflection: my research journey 1988–2018



@ [Aurora Road](#) by [Christopher Waddell](#)

## Reflection dimensions:

### Goals?

- User's own
- Somebody else's

### Transparency?

- User know she is being persuaded
- User is unaware

### Symmetry?

- Both parties have equal information about each other

# Stop 1: AI in Education, Intelligent Tutoring Systems

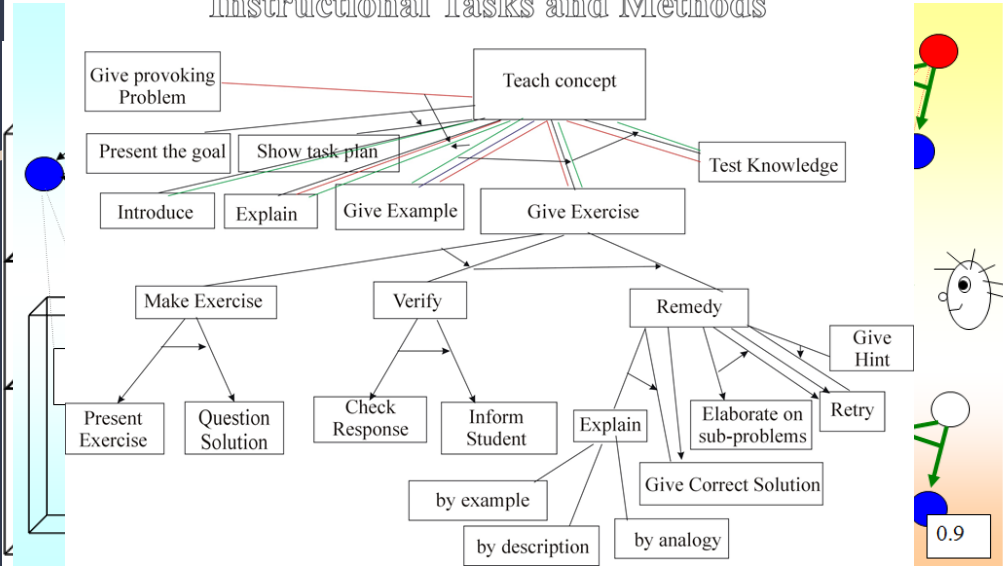
1 system: 1 user

AI planning approach for ITS

Instructional planning (TOBIE, 1990)

Dynamic Courseware Generation (DCG, 1992-98)

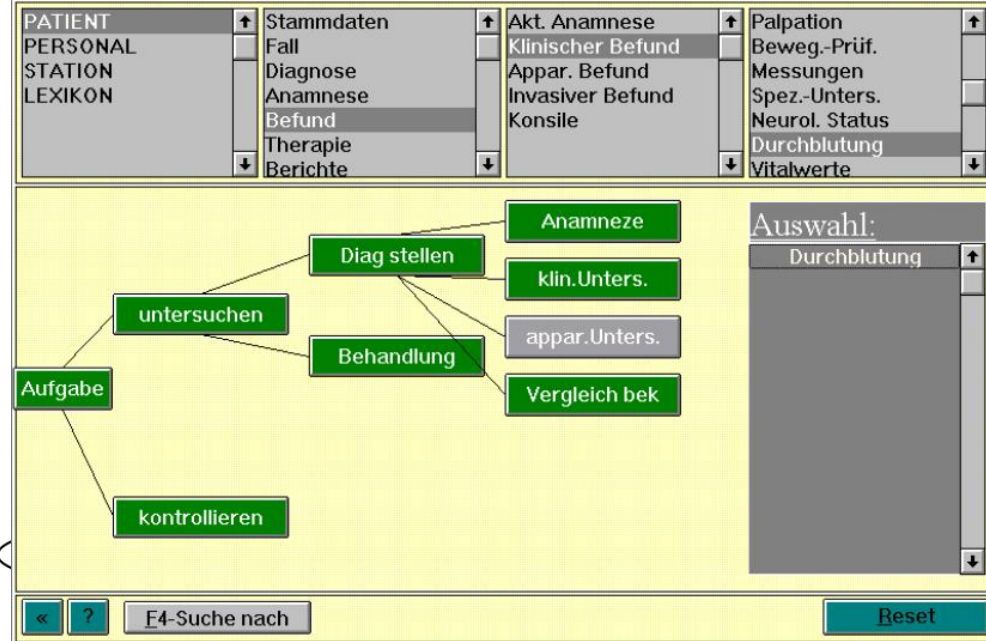
## Instructional Tasks and Methods



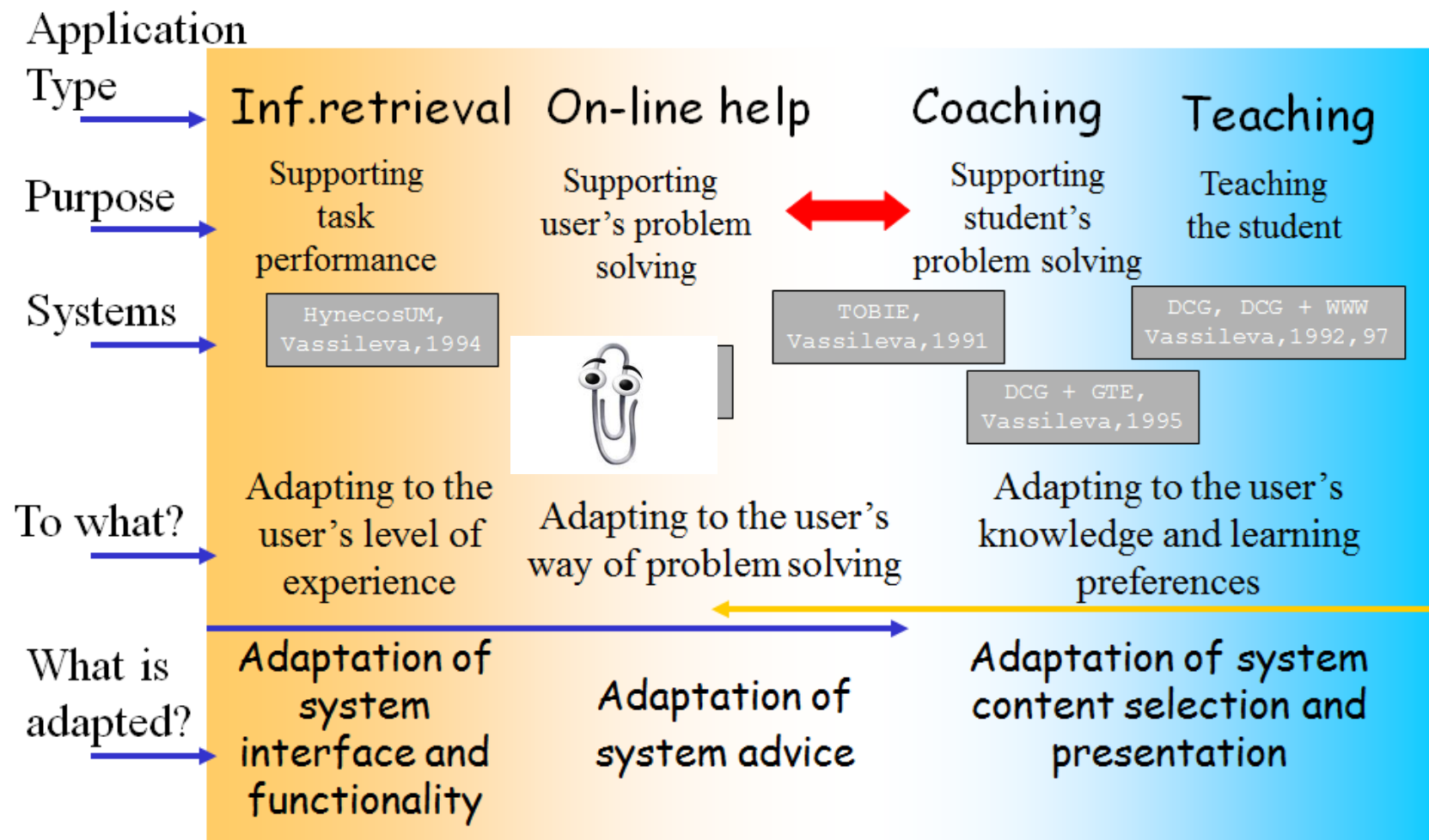
Vassileva (1998) DCG+GTE, Instructional Science  
Vassileva & Deters (1998) DCG, BJET

# Stop 1.5: Adaptive Information Retrieval

Adapting Information Retrieval (Menus) to User Experience







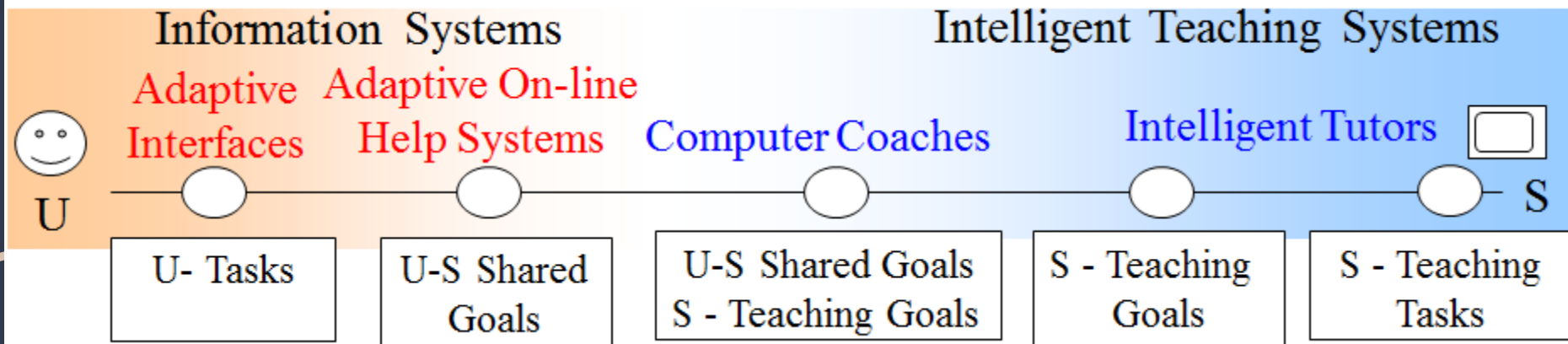
# Stop 1: Ethical considerations

1 system – 1 user

Whose goals? Of system of user

Transparency? Yes

Symmetry? YES (context based)





# Stop 2: Distributed Environments (Web)

m users – n apps

## Autonomous Heterogeneous Interacting

Wang Y & Vassileva J, (2003 - 2008) Trust in P2P

Winoto P, McCalla G & Vassileva J (2004) Non-monotonic Bilateral Negotiation, AAMAS.

## Multi-agent systems

Toolbox for investigating socio-economical phenomena on a macro-scale

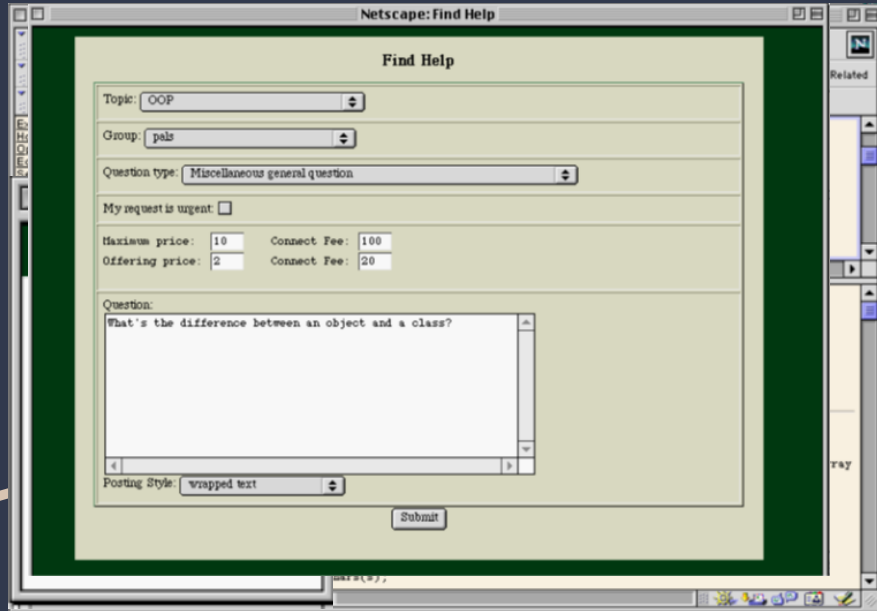
Autonomous behaviours driven by Intrinsic mechanisms: knowledge, inner-wiring/algorithm/ personality emotions (semi randomness)

Externally regulated by incentives, protocols of interactions, rules and regulations, other agent's behaviours

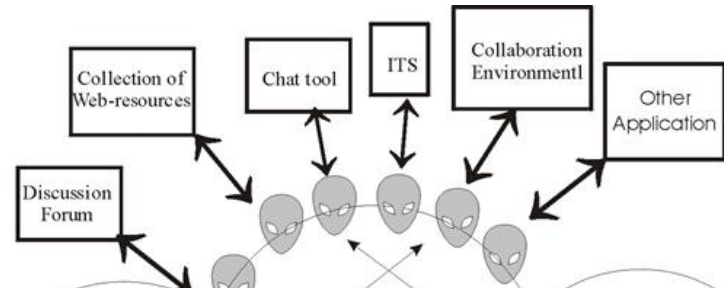
Mechanisms for cooperation? Negotiations, Prisoner's Dilemma, Repeated Interactions, ... Rumours, Trust, and Reputation.

All this work - evaluated in simulations

# Stop 2.5: Multi-agent Peer-Help System



I-Help (Greer, et al. 1998-2001)



## Human-Agent Interaction

### Anthropomorphic Agents:

- How much autonomy?
- What type of relationship?
- Agent “Persona” ?





## 2.5 Appealing to the greedy: a personal agent economy

Mudgal & Vassileva (2000) Multi-agent negotiation o support and economy for online help. Proc ITS.  
Breban & Vassileva (2002) Agent Coalition formation Based on Trust... Proc. Canadian AI conference.

Human Help costs effort and time

Market regulates the supply and demand:

- Help in exchange for currency
- Rate of pay is negotiable (by agents)
- Users set negotiation parameters for agents
- Users pay penalty if agent's deals are ignored

Persuasion = negotiation

Agent decides offers and counter-offers calculating an utility function with parameters set by users:

- This model allows for trust relationships to evolve between users (mediated by their agents)
- Users can build coalitions (trusted, interest-based communities)
- Simulations can be build to study sustainability, benefit...

# Stop 2: Ethical considerations

N systems – M users

**Whose goals?** Of system and of user

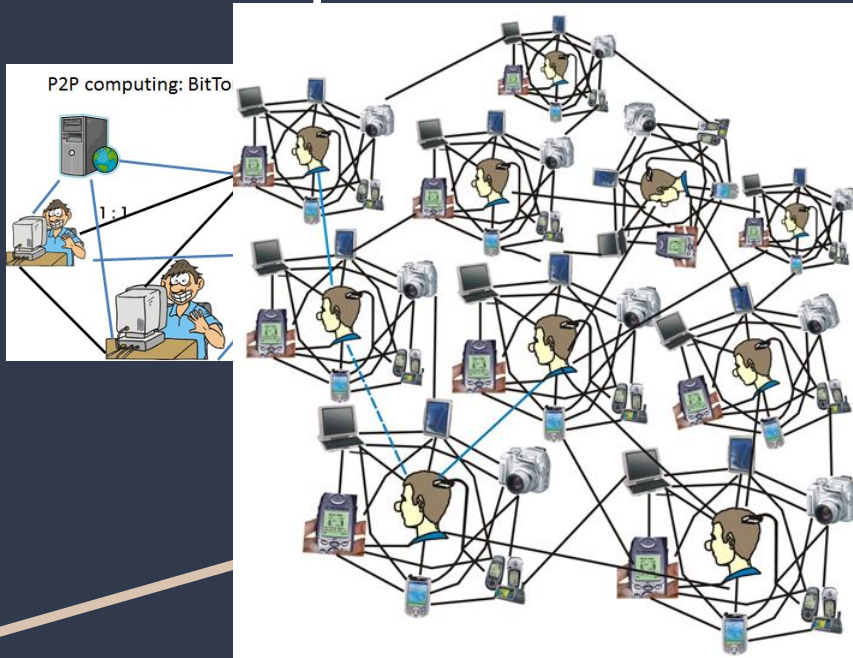
**Transparency?** Yes, assuming that the personal agent is transparent to the user

**Symmetry?** Yes and No

Yes - because of decentralization, UMs are scattered around each agent, contextualized fragments

No - because of the central Matchmaker agent keeping all student profiles: knowledge, cognitive style, eagerness, helpfulness, popularity, star-sign

# Stop 3: Motivating Participation



Vassileva J (2001) Distributed and United,  
Keynote of ICCE'2001, Seoul.

Lessons learned from I-Help  
deployment (2 years, 3 countries, over 2000  
students): Huge variance in participation

Why do people offer their time and  
resources?

- Some are altruists
- Some would help their friends and hope to make new friends
- Some seek glory
- Some seek teacher's attention
- Some seek high marks
- And even money

Need for Personalized Persuasion!

# Motivating Participation on the Social Web

Comtella File Sharing System - MADMUC Lab, University of Saskatchewan

Search Share Community Visualization Help

General View

Sort by original contribution By total sharing By status By usage

1 Academic Dishonesty talk by Dr. Don McCabe	●●●●
21 Information and Privacy Commissioner - Ontario	
42 Penn State - hate publications	
44 Academic Dishonesty talk by Dr. Don McCabe	
55 Quiz on Copyright Laws	
56 Law Server - IP	
57 Virtual Property Library	●○
59 Lexmark vs. Static Control	○
74 cracked iTunes DRM scheme	
75 Bin Laden uses message scrambling	○●
76 Encryption Products so Powerful	
102 Penn State - hate publications	
113 Internet Crimes Against Children	
114 Juvenile E-Linquents	○
115 Rules in Cyberspace	○●
117 Educational Web-sites on cybercrime	○

Refresh and Reset to Default

General View: ☒ Online, Total Sharing 124, Original Shar

Download Clear/Stop Searching

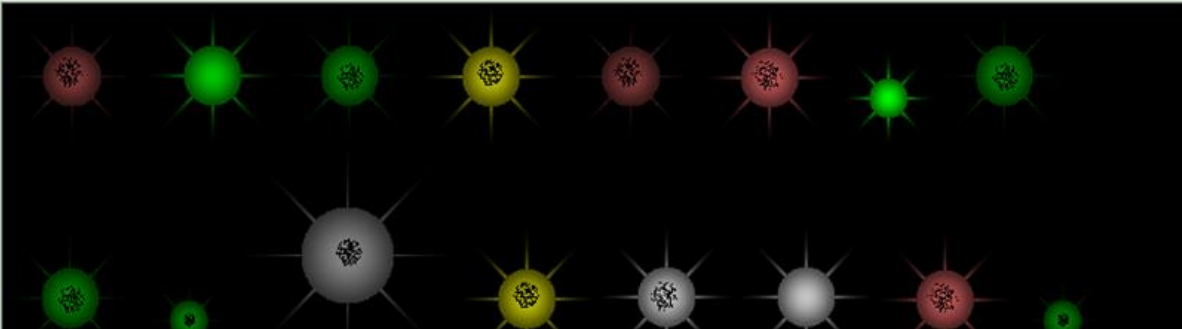
Keynote TIS 2008

## Comtella

Welcome Search Share Discussion Summary Review Community Help

Community

Category: Can We Trust the Computer



Result: <<Previous Next>> Total: 5 Page

Cpoint	Paper Title	Earned Ratings	My Rating	View Times	Fake?	Fake Count
40+	<a href="#">PORNOGRAPHY: SOCIAL EXPRESSION OR SOCIAL DISEASE?</a>	1	<input type="text" value="Rate"/>	7	<a href="#">Fake</a>	0
30+	<a href="#">Google ? the only archive we'll ever need?</a>	2	<input type="text" value="Rate"/>	8	<a href="#">Fake</a>	0
20+	<a href="#">Technology &amp; Happiness</a>	4	<input type="text" value="Rate"/>	12	<a href="#">Fake</a>	0
20+	<a href="#">Video Games, Not TV, Linked to Obesity in Kids</a>	4	<input type="text" value="Rate"/>	13	<a href="#">Fake</a>	0
10+	<a href="#">Alzheimer's patients to trial MS labs life-blog gadget</a>	3	<input type="text" value="Rate"/>	4	<a href="#">Fake</a>	0
10+	<a href="#">Special Issues for Teens</a>	2	<input type="text" value="Rate"/>	8	<a href="#">Fake</a>	0

Comtella 2005 MADMUC Lab

Department of Computer Science University of Saskatchewan

# Stop 3.1 and 3.2 Ethical Considerations

Goals: System and User - improve user's test scores;

Transparency: Yes - user understands they are being persuaded, or that that they play a game

Symmetry: No - user does not understand how the system works, the system has all the user's data, the user has no ways to influence the system





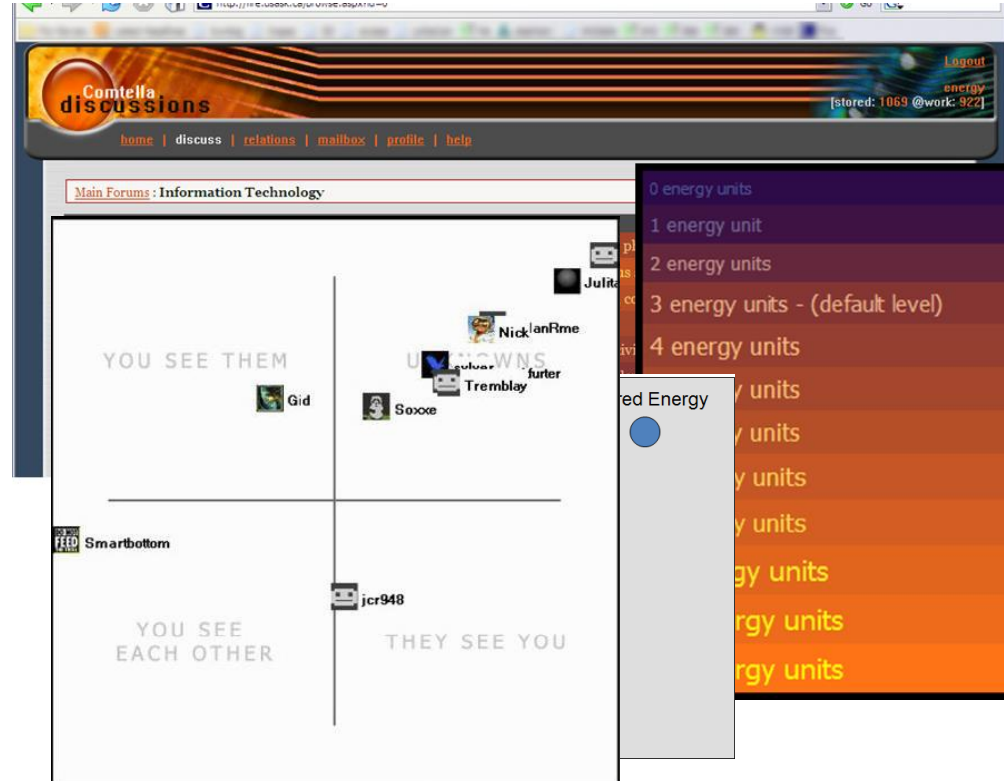
# Stop 4: Recommender Systems

## 4.1. Encourage user ratings and reciprocity

Webster & Vassileva, 2006, Proc. Adaptive Hypertext.

Explanation /visualization of the effect of rating →  
resulting in a visual recommender system

Encouraging reciprocity in views /ratings

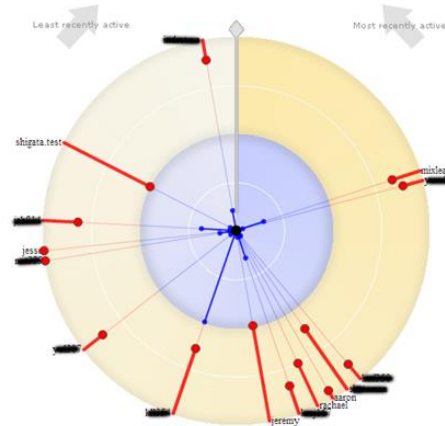


# 4.2 Transparency And User Control of RS

Problems addressed:

- Lack of Transparency of Recommendation
- Lack of user control

KeepUP: a hybrid recommender system for RSS feeds



Recommendations are automatically updated as you change your neighbours' influence (click & drag red marker).

- Would likely recommend
- Would likely **not** recommend
- Would maybe recommend
- Not enough ratings

■ Songstress Sarah McLachlan welcomes second child	9R
■ International fight erupts over sunken treasure	14R
■ CIA spied on left-wing Canadians in '60s, '70s: documents	13R
■ Task force wants 'market-oriented' television fund	14R
■ Star Trek tech will let people meet virtually, researchers say	10R
■ Linux distributors scorn Microsoft partnership	10R
■ Opera previews new mobile web browser	10R
■ Fatah gunmen storm Hamas-controlled buildings	9R
■ Hamas rounds up senior Fatah military commanders in Gaza	9R
■ Weakened cyclone heads to Iran after devastating Oman	10R

## Jeremy's Tag Cloud

### Recently Liked Tags

acquired **terrorism** clean+energy+technologies  
religious+freedom **canada** republic+of+congo  
middle+east **rescue** 911 Trade wars  
st+louis+blues contract+extension superconductors  
oriented muslim+nation sunni kawartha+lakes  
**technology** russia Chinese+brickworks+slaves

### Recently Disliked Tags

technology barry+bonds little+defence jackets loser  
science mini+4 mosque little furniture+warehouse  
blaze massive+fire **baseball** paris+hilton  
little+mosque+on+the+prairie sarah+mcLachlan  
firefighters beta+version stupid giant+squid Richlie  
little+mosque

Webster A, Vassileva J (2007) The KeepUP recommender system, Proc. ACM Recsys'2007.

# 4.3 Social Networks and Recommendation

Zhang J, Wang Y, Vassileva J (2013) SocConnect: A personalized social network aggregator and recommender, Information Processing and Management 49.

Shi S., Largillier, T. and Vassileva J. (2012) Keeping Up with Friends' Updates on Facebook, Proc. CRIWG'2012

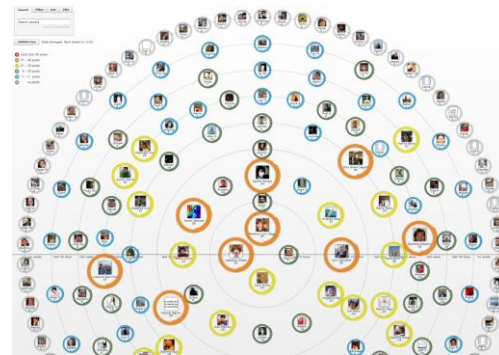
Problem:

- Aggregating SN streams
- Information overload → Recommending posts
- User control → by content and by friends



Problem:

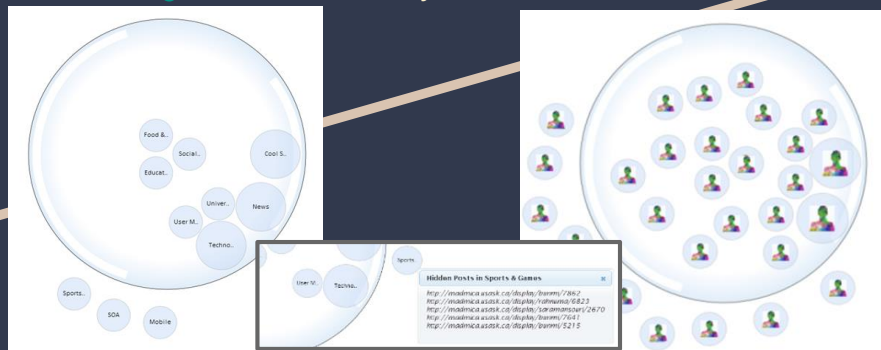
- Facebook stream data : how to Keep Up?
- Transparency → Visualization
- User filtering options (by time, friend)



# 4.4 P2P Social Networks: User Privacy and Control

[Tandukar U., Vassileva J. \(2012\) Ensuring Relevant and Serendipitous Information Flow in Decentralized Online Social Network. Proc. AIMSA'2012](#)

Nagulendra S, Vassileva J (2015) [Providing awareness, explanation and control of personalized filtering in a social networking site](#). *Information Systems Frontiers*.



Problems addressed:

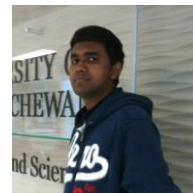
- Privacy
- Information Overload
- Filter bubble



Recommending Content with Serendipity on P2P Social Network (simulation with data from StudiViz)

More problems addressed:

- Transparency (of the filter bubble)
- User control



Interactive Visualization in a Real Social Network (Friendica → Madmica Social network)



## Step 4: Ethical Considerations

Goals - both system and user (system makes recommendations to satisfy better the user's goals)

Transparency - yes (visualization giving the user an idea of the recommender's workings)

Symmetry - yes



- the user has means of control / manipulation of the algorithm (3.3, 3.4, 3.5, 3.6)
- the user has control over her data ( 3.6)



# Step 5: Persuasive Technology for Behaviour Change

Ends and Means (Kaptein & Eckles, Persuasive 2010)

- Steps 1-4 were mostly about the Ends (What)
- Now focus on the Means (How)

## 5.1 Non-Personalized Approaches

- Persuasive “Emotional” agents in educational systems (2001)
- Gamification in Education (2014-
- Family support of isolated elderly (2014-2017)

## 5.1.1 Persuasive “Emotional” Agents Appealing to User Compassion

Agent Persona displaying emotions,  
attempting to evoke an act of  
compassion in the user

An ir  
deliv

- **Females** felt a pressure to perform better to please the persona!
- Both genders preferred the emotional persona
- No significant difference in test performance

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etc.)



*Happy*

*Sad*

*Pleased*

*Surprised*

*Neutral*

*Angry*

Okonkwo C, Vassileva J (2001) Affective Pedagogical  
Agents and Persuasion, Proc. UACHI, HCII, 397-401

Facial expression for six major emotional states (Ortony,1988)

## 5.1.2 Gamification in Educational Systems

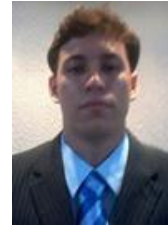
and in the  
Workplace (data  
entry)

### Collaboration with Brazil

University of Sao Paulo (USP) - Sao Carlos



Federal University of Alagoas - Maceio



Points, Levels, Badges, Leader-boards



## 5.1.3. Family communication support for elderly people

Social Connector Project, University of Chile

Francisco Gutierrez,  
Prof. Sergio Ochoa



Persuasive Strategies

- Ease of use
- Awareness of others' activities
- Workload-based recommendations for check-ins
- Prompts

Gutierrez F.J., Ochoa S.F., Vassileva J. (2017) Mediating Intergenerational Family Communication with Computer-Supported Domestic Technology. Proc. CRIWG.



(a)



(b)

## Step 5.1 Ethical considerations

Goals: System's, in assistance of the user's goals



Transparency: Yes, user realizes that the game is to persuade her



Symmetry: No, user can't influence the system, has no control over the data collected about her





## 5.2 Personalized Persuasive Technology

Not Personalized, but Tailored!

- Persuasive Strategy Tailored to a User Stereotype or Selected as start. Static.
- User Profile = Stereotype (classification problem)

Stereotypes based on:

- Direct Mapping to Strategies (e.g. Cialdini)
- Psychological Types / Gamer Types -- mapping to strategies
- Demographic features mappings

## 5.2.1 Mapping Gamer Types to Strategies

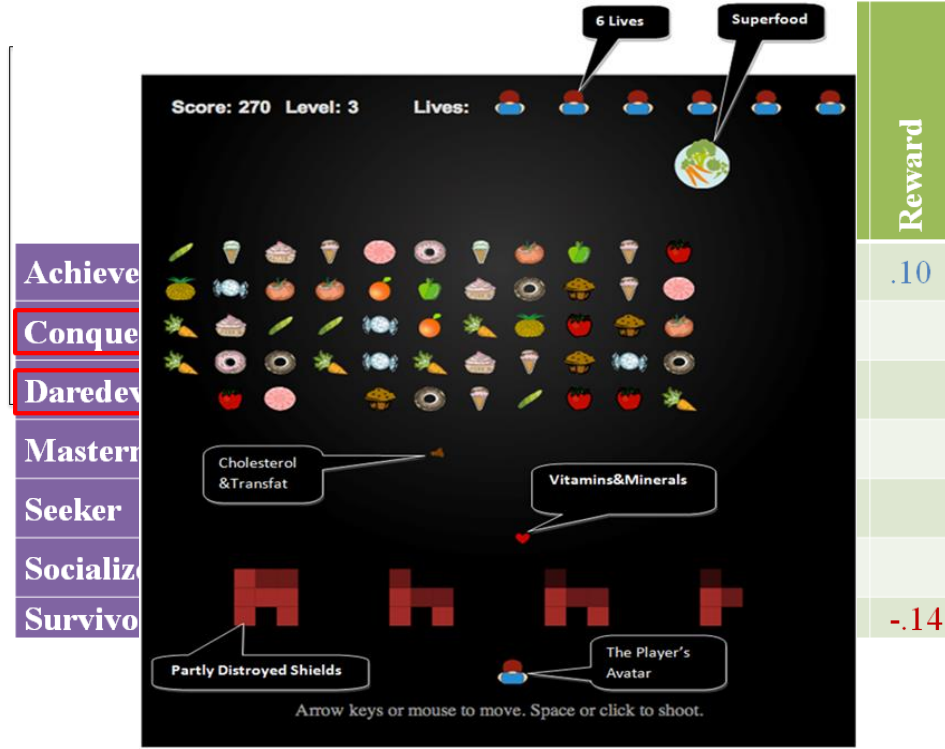
R Orji, J Vassileva, RL Mandryk (2014) Modeling the efficacy of persuasive strategies for different gamer types in serious games for health, UMUIAI

## Persuasive Games for Healthy Eating

R.Orji, J Vassileva, RL Mandryk (2017) Improving the efficacy of games for change using personalization models, TOCHI

Rita Orji, PhD Thesis Work

MT large study with storyboards illustrating strategies, participants take also the BrainHex gamer type test



## 5.2.2 Mapping demographics to persuasive strategies



### Kiemute Oyibo, PhD work



Mapping user culture, gender, age on percept design aesthetics, usefulness, usability, trustworthiness

Mapping Culture on Socio- Cognitive Theory Determinants of Behaviour Change.

- Canadian → Self-Efficacy and Self-Regulation
- Nigerian, Chinese → Social Support and Outcome expectation

Goal: Design of a persuasive coach for home exercise using the TTM

Mapping common PSD strategies to the stages of the TTM in the context of home-based exercise.

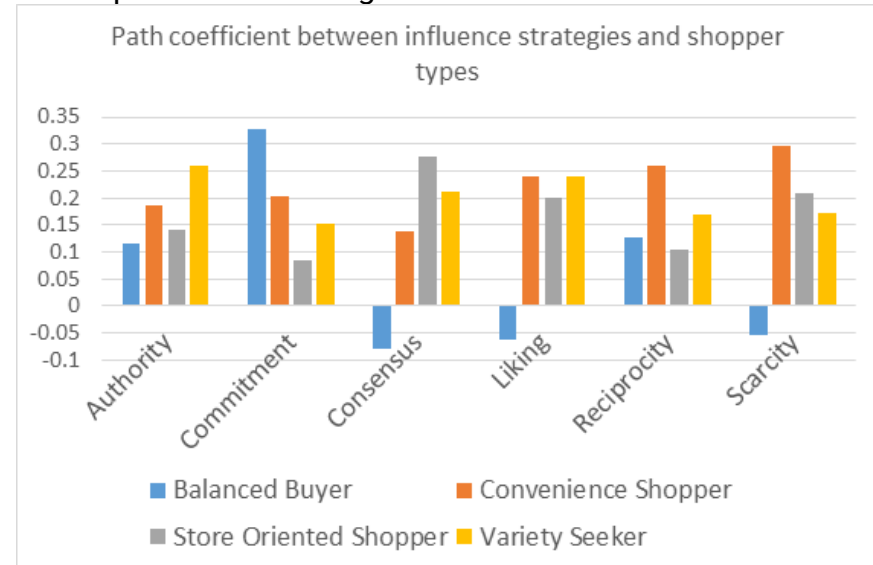
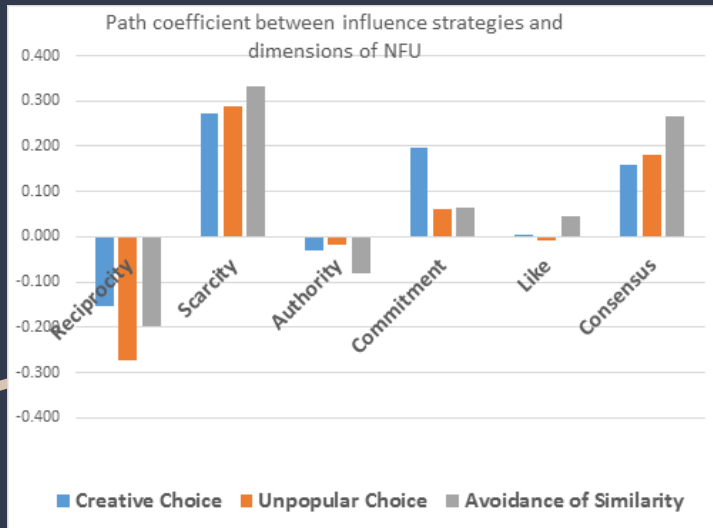
- Preparation Stage → Cooperation strategy

## 5.2.3 Persuasive technology for E-Commerce

Ifeoma Adaji, PhD research



- identifying the factors that improve e-commerce personalisation
- identifying how these factors influence the continuance intention of e-shoppers
- exploring the susceptibility of these factors to persuasive strategies



## Step 5.2.2 Ethical Considerations

Goals: System's, in assistance of the user's goals



Transparency: No. Kaptein & Eckles argue persuasive strategy should not be transparent, or it won't have effect.



Symmetry: No, the user can't influence the system, has no control over the data collected about her



# Finally: The Ethical Conundrum

To be effective PPT needs to model users → User Data is the core of PPT. The more data, the better. Successful services hoard user data → Asymmetry

To be effective PPT needs to reveal its strategies → Lack of Transparency

The Goals? Are they the same as those of users?  
Can we trust companies providing PPT services?  
-- that they pursue the same goals?  
-- that they safe-guard the user data?



# How to solve it?

Remove the asymmetry!

Big Data is harmful!

Decentralize the data!

PPT powered by small data - like the agents in I-Help.

User data securely stored, under user control.

Peer to peer persuasion, on a equal basis, with transparent ends and means.

User acceptable persuasive ends and means, expressed in contracts.

Technology exists already: Distributed ledgers

Adoption? Only through regulation.



# Epilogue

No reason for Panic.

History shows such panics happening every time when new transformative technologies appeared.

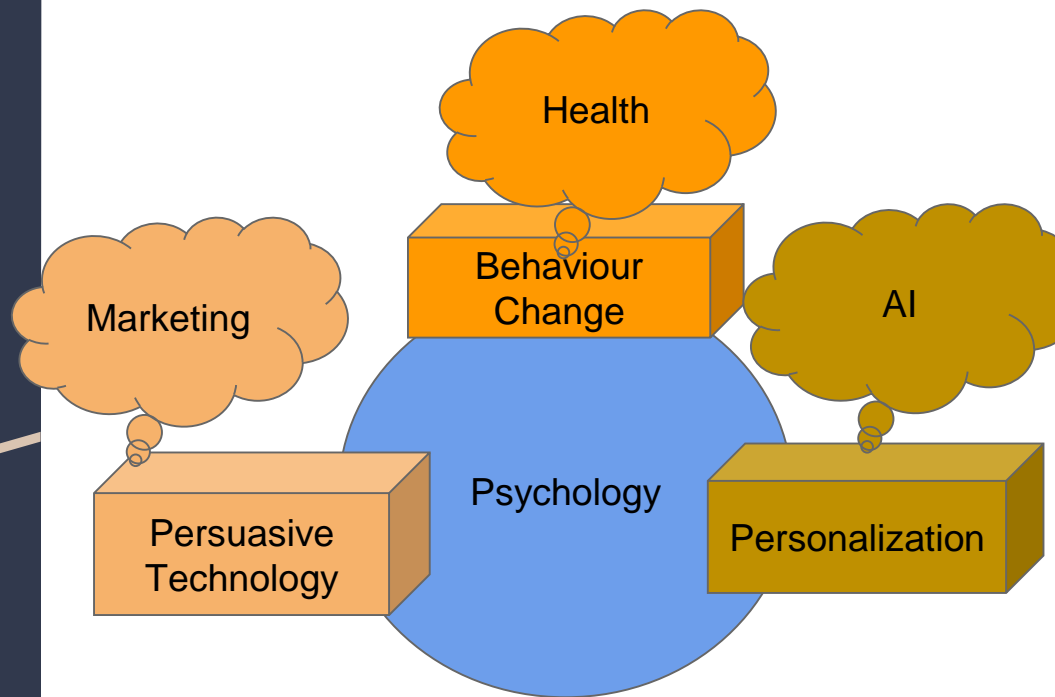
Writing

Printing

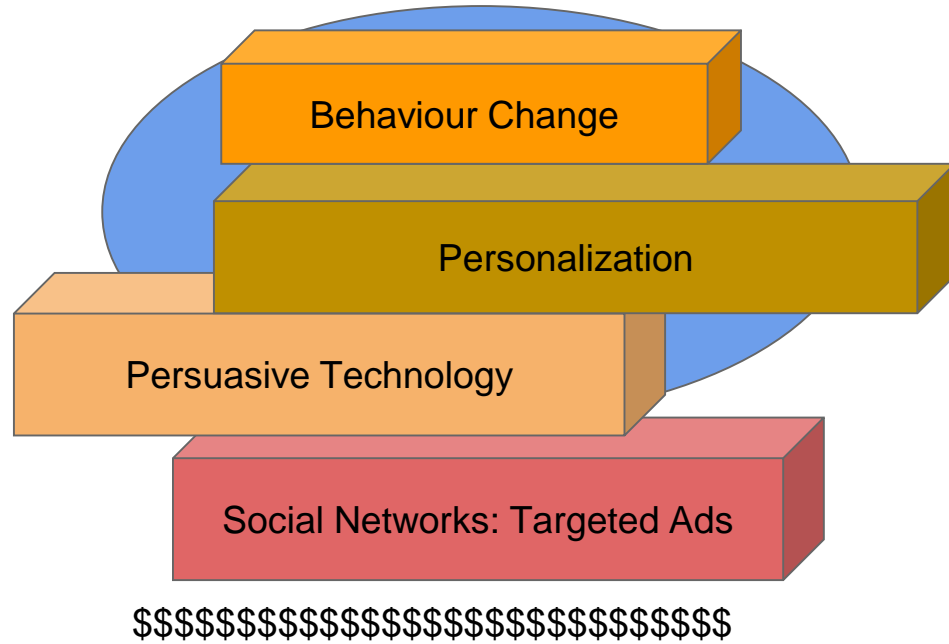
Cars

Society evolves, people adapt.

# Map of the PPT area



# Evolution



# Future: Dark Picture

